

I, _____, pledge to continue taking each of the actions I've checked/filled out below, from now on.

Producing beef creates 20x more carbon emissions than vegetable proteins

- Make ___ more of your meals meat-free each week

It's easy to consolidate errands and take short trips on foot or by bike

- Take ___ fewer car trip(s) each week

The average American has a carbon footprint that is ~4x larger than is sustainable

- Calculate your carbon footprint (use a calculator at nature.org, epa.gov, etc.)

Producing products has a huge carbon footprint, we can all live more simply

- Donate products, especially clothes, you don't use
- Buy used products when possible
- Don't buy things you don't REALLY need

Personal actions alone can't solve the Climate Crisis, we need systemic change

- Support Pro-Climate legislation
- Take a picture of this Pledge and share it with **#ClimatePledge**
- VOTE

We're better at achieving goals that are written down and seen consistently

- Tape this Pledge to your mirror or someplace you will see it every day
-

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